

San Diego Branch

January 2021

MISSION STATEMENT

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research.

DIVERSITY STATEMENT

In principle and practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization based on gender, race, creed, age, sexual orientation, national origin, disability, or class.

AAUW FUNDS MISSION STATEMENT

AAUW provides funds to advance education, research and self-development for women and to foster equity and positive societal change.

AAUW VISION STATEMENT

By joining AAUW we belong to a community that breaks through educational and economic barriers, so all women have a fair chance.

AAUW SAN DIEGO BRANCH

P.O. Box 262012

San Diego, CA 92196

www.AAUWSanDiego.org

AAUW San Diego is a tax-exempt not-for-profit 501(C)3 organization



EMPOWERING WOMEN SINCE 1881



THE SPHERE

President's Message

by Jane Niemeier

Join AAUW California for a Virtual Lobby Day

AAUW California is organizing a virtual Lobby Day with our state legislators this year since we cannot safely get together yet. The Lobby Day will take place on Wednesday, March 24th, and there will be training for members on Monday, March 22nd. Please note that you must sign up for both the training and the Lobby Day by January 8, 2021. There is a link that allows you to sign up, in the December California Connection.

This is a wonderful opportunity for us to get to know our legislators and to tell them about AAUW. We need to tell them about the wonderful work that we do for women and girls. For example, did you know that our branches raise a million dollars a year for Tech Trek, and we probably raise another million for local scholarships. And in 2019, we gave \$500,000 to AAUW Fund. We are a generous and passionate bunch!

3/22/2021 7 pm HOW TO TALK TO LEGISLATORS

This workshop will provide training for members who are signed up for Lobby Day on March 24th. It will also be useful to members who are not coming to Lobby Day but would like to learn more about talking with legislators in their districts about AAUW public policy priorities and AAUW-supported bills. Registration is required. Click [HERE](#) to register.



Officers

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Funds VP

Donna Lilly

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Branch Historian

Rosemarie Mallory

Communications

Shauna Ruyle

College & University

Donna Lilly

Scholarships

Lillian Payn

Tech Trek

Gillian Simcox

Technology Outreach

Lillian Payn

Title IX Webinar – Breaking Down Barriers

Zoom Webinar - January 11, 2021 @ 7:00 pm – 8:30 pm. Click [HERE](#) to register.

“No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.”

These thirty-seven words are the Title IX clause of the 1972 Federal Education Amendments. Although Title IX applies to all activities and programs, it has received the most attention for its impacts on athletics, especially at the collegiate level.

Speakers



Alicia Hetman

AAUW California Title IX Consultant & Public Policy Committee, AAUW Public Policy Committee



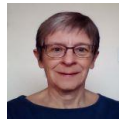
Keasara (Kiki) Williams

Executive Director of Student Experience and Equity Compliance Office of Equity at San Francisco Unified School District.



Kim Turner

Senior Staff Attorney for Legal Aid at Work. She works with the gender equity and LGBT rights program, Fair Play for Girls in Sports Project.



Jean Reed

Co-President of Petaluma AAUW Branch. Led the AAUW San Jose Branch's Title IX Sports Equity Community Project.



Linda Slater

President of the AAUW Hayward-Castro Valley Branch, Board Member AAUW California Special Projects Fund (SPF), Member AAUW California Communications Committee.



Donna Lilly

AAUW California College/University Contact

To make the most of your webinar experience:

Before the session:

Go online to your local school districts and colleges/universities websites and find the “student handbook” and “parent/student handbook” and look for and document the following:

1. The Nondiscrimination Policy and Complaint Procedures,
2. The name and contact information for the Title IX Coordinator (required to have at least one, but some have a team approach)
3. The Sexual Harassment Policy and Complaint Procedures

Take a look at the discipline policy to document which gender discrimination/harassment issues are included.



San Diego Interbranch Council Presents

Saturday, January 23 @ 10:00 am

Check-in & Zoom Social Chat @ 9:45 am

"Mental Health and Wellness During COVID-19"

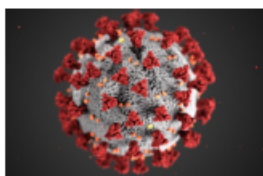
Speakers:



Pam Smith, San Diego County Health and Human Services (HHS) Live Well Schools Director

Coordinates with all schools in San Diego County to improve the health and wellness of students, staff and community. Former Director of Aging and Independence Services for San Diego County. She was also the former Deputy Director of Health and Human Services at the County. She is a current board member of San Diego Seniors Community Foundation.

Dr. Lissa Lim, Licensed psychologist at California State University San Marcos. She earned her BA and MA in psychology at California State University San Marcos, and her PhD in Counseling Psychology from Southern Illinois University, Carbondale. She has practiced for 11 years and worked at a variety of setting including community mental health, university counseling centers, wellness centers, career centers, and private practice.



Watch for the Zoom Link which will be sent to all branches in January!

“New year—a new chapter, new verse, or just the same old story? Ultimately, we write it. The choice is ours.” —Alex Morritt



Make this year
a year of finding,
of fulfillment,
of joy,
peace,
and purpose.

Mark Your Calendars

UPCOMING EVENTS

If we have the attitude
that it is going to be a
great day, it usually is.

CATHERINE PULSIFER

FEBRUARY

AAUW San Diego

Intro to artificial intelligence (AI)/machine learning (ML)

Presenter: Maria Lupetini, an AI/ML leader and data scientist consultant, with many years of professional experience at BD and Qualcomm! More information to come.

SATURDAY JANUARY 9, 2021 @ 2 PM

BRANCH PLANNING MEETING - on Zoom

Come help us plan our programs for the first half of the year. All branch members are welcome to attend.

SATURDAY, JANUARY 23, 2021 @ 10 AM

IBC

Mental Health and Wellness During COVID-19

We are excited to have two amazing women to guide us through the topics of "Aging Well during COVID" led by Pamela Smith. Her presentation will address what research tells us about what it takes to age well and what changes are required during COVID-19. Dr. Lissa Lim will present "Mental Health and Wellness During COVID-19". She will discuss normal reactions to the current state of the world, strategies for improving or maintaining wellness, coping skills for supporting mental health, and mental health resources.



Ginny Doughton & Jane Niemeier

Calendar of webinars from the AAUW California website. **Local webinars are in red.**

SUN	MON	TUE	WED	THU	FRI	SAT
January 2021						
					1	n2
3	4	5	6	7	8	9 SD Branch Zoom Meeting 2 pm
10 <u>OML Branch presents: Girls4Stem Webinar – “Let’s Make a Spectroscope” 4:00 pm</u>	11 <u>Title IX: Breaking Down Barriers 2020 7:00 pm</u>	12 <u>The Transformation of America: A Social and Economic History of the United States 10:00 am</u>	13	14 <u>Mexican Immigration to the U.S.: A Bilateral Perspective, 1965 to the Present 10:00 am</u>	15	16
17	18	19 <u>The Transformation of America: A Social and Economic History of the United States 10:00 am</u>	20	21 <u>Mexican Immigration to the U.S.: A Bilateral Perspective, 1965 to the Present 10:00 am</u>	22	23 IBC Mental Health and Wellness During COVID-19; 10 AM
24 <u>OML Branch presents: Girls4Stem Webinar – “Refinery 101” 4:00 pm</u>	25	26 <u>The Transformation of America: A Social and Economic History of the United States 10:00 am</u>	27 <u>Mentoring Women for Career Advancement 7:00 pm</u> <u>Take me to your leader 7:00 pm</u>	28 <u>Mexican Immigration to the U.S.: A Bilateral Perspective, 1965 to the Present 10:00 am</u>	29	30
31				<u>Calendar - AAUW California (aauw-ca.org)</u>		

Note:

The AAUW calendar is posted to inform you of other webinars available. AAUW CA Healdsburg branch uses their webinars as a scholarship fundraiser with a ticket price of \$95. Click on the webinar title to receive further information.